



ULIS NEWTON ELEMENTARY SCHOOL

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Newton ES Wellness Plan 2025-2026

[Regulation 5157 Wellness Policy](#)

[Approved Snack List](#)

This Student Wellness Regulation complies with the Nevada Department of Agriculture (NDA) guidelines as stated in the Nevada School Wellness Policy and with the federal statute: Healthy, Hunger-Free Kids Act of 2010.

How does the Regulation impact CCSD Schools?

Snacks in the Classroom:

To be allowable, a snack or entrée must meet the general nutrition standards and meet at least one of the following criteria:

1. Be a grain product that contains greater than ($>$) 50 percent whole grains by weight or have whole grains listed as the first ingredient on the food label; or
2. The first ingredient on the food label is one of the non-grain main food groups: fruit, vegetable, dairy, or protein foods; or
3. A combination food that contains at least one-quarter ($\frac{1}{4}$) cup fruit and/or vegetable.

Special Occasions:

All foods for special occasions must be commercially prepared to minimize risks of foodborne illnesses and to avoid known food allergens. The District allows for exceptions to the wellness policy for schoolwide special occasions or holidays, not to exceed twice per month. The following may be considered "special occasions":

1. Observances of national or state holidays. R-5157 (page 4)
2. School community observances.
3. As part of a learning experience or learning incentive.

Special Occasion Celebrations are calendared for 2x per month. On these days, classrooms will celebrate birthdays and holidays. These days are exempt to the wellness policy.

Note: If you provide a snack that is individually pre-packaged on a different day, then we will send it home with students at the end of the day.

2025-2026 Special Occasion Celebration Dates* (subject to change*):

September 19th and 26th
October 10th and 30th
November 7th and 21st
December 5th and 19th
January 16th and 30th
February 13th and 27th
March 13th and 27th
April 17th and 24th
May 8th and 22nd